

# GRAYS - ROMFORD via Lakeside, Ockendon and Upminster

Arriva East Herts & Essex  
370

## Mondays to Fridays

GRAYS, Bus Station (Stop 4) .....	0525	0545	0613	0623	0653	0723	0753	0823	0857	0929	0957	1027		57	27	1427	1457	
Lodge Lane, Hathaway Road .....	0529	0549	0618	0628	0658	0728	0758	0828	0902	0934	1002	1032		02	32	1432	1502	
LAKESIDE, Bus Station (Stop 7) .....	0535	0555	0624	0635	0705	0735	0805	0835	0909	0941	1009	1039	Then	09	39	1439	1509	
South Ockendon, Royal Oak .....	0543	0603	0633	0645	0715	0745	0815	0845	0919	0951	1019	1049	at	19	49	1449	1519	
North Ockendon, White Horse .....	0546	0606	0636	0648	0718	0748	0818	0848	0922	0954	1022	1052	these	22	52	1452	1522	
Corbets Tey, Huntsman & Hounds .....	0552	0612	0642	0654	0724	0754	0824	0854	0928	1000	1028	1058	minutes	28	58	until	1458	1528
Upminster Rail Station .....	0558	0618	0648	0703	0733	0803	0833	0903	0937	1007	1037	1107	past	37	07	1507	1537	
Upminster, St. Lawrence Church .....	0600	0620	0650	0705	0735	0805	0835	0905	0939	1009	1039	1109	each	39	09	1509	1539	
Hornchurch, Town Centre .....	0604	0624	0654	0710	0740	0810	0840	0910	0944	1014	1044	1144	hour	44	14	1514	1544	
Gidea Park, The Drill .....	0609	0629	0659	0718	0748	0818	0848	0918	0950	1020	1050	1120		50	20	1520	1550	
Romford Rail Station .....	0613	0633	0703	0724	0754	0824	0854	0924	0954	1024	1054	1124		54	24	1524	1554	
ROMFORD, Mercury Gardens .....	0615	0635	0705	0727	0757	0827	0857	0927	0957	1027	1057	1127		57	27	1527	1557	

GRAYS, Bus Station (Stop 4) .....	1523	1553	1623	1653	1725	1755	1840	1910		40	10	2310	
Lodge Lane, Hathaway Road .....	1528	1558	1628	1658	1730	1800	1844	1914		44	14	2314	
LAKESIDE, Bus Station (Stop 7) .....	1537	1607	1637	1707	1739	1809	1850	1920	Then	50	20	2320	
South Ockendon, Royal Oak .....	1547	1617	1647	1717	1749	1819	1858	1928	at	58	28	2328	
North Ockendon, White Horse .....	1550	1620	1650	1720	1752	1822	1901	1931	these	01	31	2331	
Corbets Tey, Huntsman & Hounds .....	1556	1626	1656	1726	1758	1828	1907	1937	minutes	07	37	until	2337
Upminster Rail Station .....	1603	1633	1703	1733	1805	1835	1912	1942	past	12	42	2342	
Upminster, St. Lawrence Church .....	1606	1636	1706	1736	1808	1838	1914	1944	each	14	44	2344	
Hornchurch, Town Centre .....	1611	1641	1711	1741	1813	1843	1918	1948	hour	18	48	2348	
Gidea Park, The Drill .....	1618	1648	1718	1748	1819	1849	1923	1953		23	53	2353	
Romford Rail Station .....	1624	1654	1724	1754	1824	1854	1927	1957		27	57	2357	
ROMFORD, Mercury Gardens .....	1627	1657	1727	1757	1827	1857	1930	2000		30	00	0000	

This service also stops in Grays at Orsett Road (Stop 10).

**ROMFORD - GRAYS via Upminster, Ockendon and Lakeside**

**Mondays to Fridays**

ROMFORD, Mercury Gardens .....	0642	0712	0742	0810	0840		10	40		2310	2340	0010	
Romford Rail Station .....	0645	0715	0746	0815	0844		14	43		2312	2342	0012	
Gidea Park, The Drill .....	0649	0719	0751	0819	0852	Then	22	48		2316	2346	0016	
Hornchurch, Town Centre .....	0655	0725	0757	0825	0858	at	28	55		2321	2351	0021	
Upminster, Bell Corner .....	0700	0730	0802	0830	0904	these	34	00		2325	2355	0025	
Upminster, Rail Station .....	0632	0702	0733	0805	0833	0907	minutes	37	02	until	2326	2356	0026
Corbets Tey, Huntsman & Hounds .....	0638	0708	0739	0811	0839	0913	past	43	09		2332	0002	0032
North Ockendon, White Horse .....	0644	0714	0745	0817	0845	0919	each	49	14		2337	0007	0037
South Ockendon, Royal Oak .....	0647	0717	0749	0821	0849	0923	hour	53	18		2341	0011	0041
LAKE SIDE, Bus Station (Stop 9) .....	0657	0727	0759	0831	0859	0933		03	30		2349	0019	0049
Lodge Lane, Hathaway Road .....	0704	0733	0805	0837	0905	0939		09	36		2355	0025	0055
GRAYS, Bus Station .....	0709	0738	0810	0842	0910	0945		15	41		2359	0029	0059

**Public Transport Information**

**0700 - 2300 daily**

**Traveline: 0870 608 2 608**

**calls charged at National call rate**

*Travel by Bus  
No Parking Fuss*

# GRAYS - ROMFORD via Lakeside, Ockendon and Upminster

Arriva East Herts & Essex  
370

## Saturdays

GRAYS, Bus Station (Stop 4) .....	0525	0610	0640	10	40	2140	2210	2240	2310
Lodge Lane, Hathaway Road .....	0529	0614	0644	14	44	2144	2214	2244	2314
LAKE SIDE, Bus Station (Stop 7) .....	0535	0620	0650	Then	20	2150	2220	2250	2320
South Ockendon, Royal Oak .....	0543	0628	0658	at	28	2158	2228	2258	2328
North Ockendon, White Horse .....	0546	0631	0701	these	31	2201	2231	2301	2331
Corbets Tey, Huntsman & Hounds .....	0552	0637	0707	minutes	37	2207	2237	2307	2337
Upminster Rail Station .....	0558	0642	0712	past	42	2212	2242	2312	2342
Upminster, St. Lawrence Church .....	0600	0644	0714	each	44	2214	2244	2314	2344
Hornchurch, Town Centre .....	0604	0648	0718	hour	48	2218	2248	2318	2348
Gidea Park, The Drill .....	0609	0653	0723		53	2223	2253	2323	2353
Romford Rail Station .....	0613	0657	0727		57	2227	2257	2327	2357
ROMFORD, Mercury Gardens .....	0615	0700	0730		00	2230	2300	2330	0000

until

**Public Transport Information**

**0700 - 2300 daily**

**Traveline: 0870 608 2 608**

**calls charged at National call rate**

*Travel by Bus  
No Parking Fuss*

**ROMFORD - GRAYS via Upminster, Ockendon and Lakeside**

**Saturdays**

ROMFORD, Mercury Gardens .....	0710	0740		10	40		2340	0010
Romford Rail Station .....	0712	0742		12	42		2342	0012
Gidea Park, The Drill .....	0716	0746	Then	16	46		2346	0016
Hornchurch, Town Centre .....	0721	0751	at	21	52		2351	0021
Upminster, Bell Corner .....	0725	0755	these	25	57		2355	0025
Upminster, Rail Station .....	0632	0726	0756 minutes	26	59	until	2356	0026
Corbets Tey, Huntsman & Hounds .....	0639	0732	0802 past	32	06		0002	0032
North Ockendon, White Horse .....	0644	0737	0807 each	37	11		0007	0037
South Ockendon, Royal Oak .....	0648	0741	0811 hour	41	14		0011	0041
LAKESIDE, Bus Station (Stop 9) .....	0700	0749	0819	49	22		0019	0049
Lodge Lane, Hathaway Road .....	0706	0755	0825	55	28		0025	0055
GRAYS, Bus Station .....	0711	0759	0829	59	32		0029	0059

**Public Transport Information**  
**0700 - 2300 daily**  
**Traveline: 0870 608 2 608**  
calls charged at National call rate

GRAYS - ROMFORD via Lakeside, Ockendon and Upminster

Sundays

GRAYS, Bus Station (Stop 4) .....	0738	38		1738	1840	1940	2040	2140	2240	2310
Lodge Lane, Hathaway Road .....	0742	42		1742	1844	1944	2044	2144	2244	2314
LAKESIDE, Bus Station (Stop 7) .....	0750	50	Then	1750	1850	1950	2050	2150	2250	2320
South Ockendon, Royal Oak .....	0757	57	at	1757	1857	1957	2057	2157	2257	2327
North Ockendon, White Horse .....	0801	01	these	1801	1901	2001	2101	2201	2301	2331
Corbets Tey, Huntsman & Hounds .....	0807	07	minutes	1807	1907	2007	2107	2207	2307	2337
Upminster Rail Station .....	0812	12	past	1812	1912	2012	2112	2212	2312	2342
Upminster, St. Lawrence Church .....	0814	14	each	1814	1914	2014	2114	2214	2314	2344
Hornchurch, Town Centre .....	0818	18	hour	1818	1918	2018	2118	2218	2318	2348
Gidea Park, The Drill .....	0823	23		1823	1923	2023	2123	2223	2323	2353
Romford Rail Station .....	0827	27		1827	1927	2027	2127	2227	2327	2357
ROMFORD, St. Edwards Way .....	0831	31		1831	1931	2031	2131	2231	2331	0001

This service also stops in Grays at Orsett Road (Stop 10)

Sundays

ROMFORD, St. Edwards Way .....	0840	40		1840	1941	2041	2141	2241	2311	2341	0011
Romford Rail Station .....	0844	44		1844	1944	2044	2144	2244	2314	2344	0014
Gidea Park, The Drill .....	0848	48	Then	1848	1948	2048	2148	2248	2318	2348	0018
Hornchurch, Town Centre .....	0853	53	at	1853	1953	2053	2153	2253	2323	2353	0023
Upminster, Bell Corner .....	0857	57	these	1857	1957	2057	2157	2257	2327	2357	0027
Upminster, Rail Station .....	0858	58	minutes	1858	1958	2058	2158	2258	2328	2358	0028
Corbets Tey, Huntsman & Hounds .....	0904	04	past	1904	2004	2104	2204	2304	2333	0003	0033
North Ockendon, White Horse .....	0910	10	each	1910	2010	2110	2210	2310	2338	0008	0038
South Ockendon, Royal Oak .....	0914	14	hour	1914	2014	2114	2214	2314	2342	0012	0042
LAKESIDE, Bus Station (Stop 9) .....	0923	23		1923	2023	2123	2223	2323	2350	0020	0050
Lodge Lane, Hathaway Road .....	0929	29		1929	2029	2129	2229	2329	2356	0026	0056
GRAYS, Bus Station .....	0934	34		1934	2034	2134	2234	2334	0000	0030	0100

This timetable also runs on Public Holidays.